Welcome back to all students and to families for the first week of the final Term for 2015. The first week back has gone quite smoothly with most children having had an enjoyable and relaxing holiday break. I know that it can be challenging for families during the first couple of weeks of Daylight Saving as getting children to bed at the regular time and getting up in time for school can be a struggle. But hopefully body clocks start kicking in soon.

**Junior Gymnastics**

On Friday the Juniors will start their gymnastics program at Jets Gym. This will continue for 5 weeks with the final week on Friday 6th Nov. Could all students be appropriately attired in shorts and T shirts which will enable them to participate more actively in the program.

**Hats and Sun Smart**

The Speci Hill wide brimmed hats are to be worn every day during Term 1 and Term 4. This week is transition week but with week 2 all students are expected to wear their hat every day that they are at school. You can purchase a new hat from the office (although size M and L have been ordered $12 each). Please have all hats named and clean ready for a Term at school.

**The Building of Resilience in School Communities Program.**

In Term 2 the school was fortunate to receive a Department Grant to fund its inclusion in the Department’s new Resilience Program. Students from years 3 to 6 have completed an online survey indicating the level of student resilience at Speci. The survey is anonymous but the data is used collectively across the school, it gives a ‘snap-shot’ of the school position. This then provides us with a basis for appropriate strategies to be taught and to be put in place across the school.

**Chinese students arrive on Monday**

On Monday 12th October our three Chinese students from Xing Hai arrive to spend 8 weeks at Specimen Hill. The students will be arriving at about 1.30 after travelling for about 18 hours. They will come to school to be fitted out in their new Speci uniforms and then will go to their Homestay families for a rest/sleep. The students are: Alice who will be staying with Isabelle M. and her family. Malinya who will be staying with N. for the first 4 weeks and Mandy who will be staying with Zinnia L. and her family. On Friday the Chinese students and Chinese teachers will attend a Mayoral welcome at the Town Hall at 10.30 in the morning.

**School Fire Drill and Fire Safety**

Over the next couple of weeks the school will be carrying out its fire drills. Today we had a lunch-time evacuation to the oval. This was achieved within 5 minutes which was a good effort but we will try to shave some more time off that in the future. Next Tuesday we will be evacuating to the Wade St oval as a whole school evacuation. All students will walk down and there will be a teacher driven car taken down too for those carrying an injury. All students must have water bottles at school on Tuesday so they can carry them on the day. Hats must be worn.

If the school has to evacuate to the oval in a real situation, parents will meet the students at the oval or parents/contacts have been contacted for all students to be collected. It will only be possible for students to be collected once we have arrived at the oval. This will enable the process to occur in an orderly fashion. This is an opportune time for all families to revisit your own Fire Emergency Plans at home too. Make sure that all members of the family are aware of what is required and what is their individual role. Yesterday’s weather was a pre warning of a potentially dangerous season ahead.

**Junior Tabloid Sports**

Next Thursday the 15th October between 11.45 and 1.45 the Junior Dept will be holding its Tabloid Sports Day. The children will rotate through a range of activities and parents and friends are most welcome to come along to join in or to watch.

**Parent conversations**

Just a reminder to parents when talking about adult conversations in front of children. Children overhear conversations or like to participate in conversations that may be inappropriate for them to be part of. They do need to realize that there is a difference between adult and child conversations. Also when a family is talking about the school if there are criticisms made and the child overhears this it can place the child in an awkward situation as they may feel torn between their feelings from what is said at home and how they feel about school. If there is an issue in relation to school can you please contact the school so that we can work together for a resolution.

**Prep enrolments for 2016**

If you have a child who will be starting school next year can you please let the school know so that we can enrol them ASAP. Unless a child is enrolled they may miss out on the Orientation Days that start on Tuesday November 10th. If you have any concerns please contact the school. We have a very busy term ahead of us but together we will have a great term. Hoping that everyone has a wonderful week.

Di Craig, Principal
Our children’s future in the very best of hands

Our library is a valuable resource that has taken many years and lots of money to build up. At the moment there is a large number of overdue library books. Please encourage your child to return any school books.

Preferred payment for Canteen orders is by QKR
$$$ Cash orders for Friday must be placed at the office on Thursday

WALKING SCHOOL BUS
THURS 8:30AM

Pick Up Points @ 8:30am
1. Specimen Hill Road Crossing
2. Marong Road Crossing
3. Cnr Chum & Maple Streets

OVERDUE LIBRARY BOOKS

Our library is a valuable resource that has taken many years and lots of money to build up. At the moment there is a large number of overdue library books. Please encourage your child to return any school books.

CANTEEN - MONDAYS AND FRIDAYS

SUPER SANDWICHES, ROLLS
Salad (lettuce, tomato, cheese, grated carrot, cucumber, mayo.)

<table>
<thead>
<tr>
<th>Sandwich</th>
<th>Roll</th>
<th>Pockets ½ / Full</th>
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<tbody>
<tr>
<td>Chicken &amp; salad</td>
<td>$3.50</td>
<td>$3.50</td>
</tr>
<tr>
<td>Ham &amp; salad</td>
<td>$3.50</td>
<td>$3.50</td>
</tr>
<tr>
<td>Egg head (egg, lettuce, mayo)</td>
<td>$3.50</td>
<td>$3.50</td>
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<tr>
<td>Vegemite</td>
<td>$2.00</td>
<td>$2.00</td>
</tr>
<tr>
<td>Cheese</td>
<td>$2.00</td>
<td>$2.00</td>
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</tbody>
</table>

SUPER COOL FOOD & MEGA SALADS - $4.00 EACH
Dino salad- dino nuggets served with lettuce, cherry tomatoes, cheese, carrot & hash browns
Nemo salad- Fish bites- served with lettuce, cherry tomatoes, cheese, carrot & hash browns

| (G) MEGA HAM SALAD | served with ham lettuce, cherry tomatoes, cheese and carrot. |
| (G) CLUCKY CHICKEN SALAD | served with lettuce, cherry tomatoes, cheese and carrot. |
| (G) FISHERMANS TUNA SALAD | served with lettuce, cherry tomatoes, cheese and carrot. |
| (B) Chicken, lettuce, cheese & mayo | |
| (B) Beef, lettuce, cheese & tomato | |

SUPER HOT FOOD

| (G) Bolognaise sauce served over twista pasta & grated cheese SMALL $2.00 LARGE $4.00 |
| (G) Ham and cheese pizza | $3.50 |
| (A) Steamed dim sims 60c each | |
| (A) Nachos w mild salsa & cheese | $4.00 |
| (A) Dino nuggets with salad sticks (5 pack) | $3.00 (Sauces no longer available) |

MEAL DEALS $5.00

Dinosaur salad pack or Nemo salad pack with choice of small milk, juice or water.

TOASTIES

| (G) Cheese & ham | $2.50 |
| (G) Ham and tomato | $2.50 |
| (G) Cheese | $2.20 |

DRINKS

<table>
<thead>
<tr>
<th>NIPPYS MILK</th>
<th>CHOC. STRAW. HONEYCOMB</th>
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<tbody>
<tr>
<td>375ML</td>
<td>$2.10</td>
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<tr>
<td>250ML</td>
<td>$1.30</td>
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</table>

<table>
<thead>
<tr>
<th>JUST JUICE</th>
<th>APPLE. ORANGE. APPLE &amp; BLACKCURRANT</th>
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<tbody>
<tr>
<td>600ML</td>
<td>$1.10</td>
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</table>

SNACKS

- Moosies $1.50
- Zingy frozen yoghurt 50c
- Zooper dooper 50c
- POPCORN $1.00
- U.F.O. (frozen pineapple ring) 50c
- Chocolate mousse pot $1.50
- Slinky apples 50c
- Sultana’s 60c
- Yoghurt frogs 20c each (limit 3 per student)

RED ITEMS: Eat only every now & again.
AMBER ITEMS: Eat moderately- not too often.
GREEN ITEMS: Eat more green items.
**SENIOR CLASSES**
Welcome back students, families and teachers to Term 4! We trust that everyone has had a lovely, relaxing and safe break, and are ready to go for another exciting term of learning. Nothing like a few gale-force winds on Tuesday to help us ease back into the week. A few reminders to keep everyone on their toes: HATS! It is that time of the year again which means everyone must have their hat by Monday in week 2, or students will need to sit under the shade during lunch and recess times. Sunscreen on face, arms and legs is also highly recommended during these hot months. A drink bottle is also a great way to ensure that students are keeping hydrated. Homework will be handed out this Thursday the 8th and due back next Thursday. Personal Development will be starting this Friday the 9th of October for all 5/6 students. If your child has not yet returned their yellow form it is very important they do so before Friday. Our new Integrated topic this term is Myths and Legends which the students are very excited about. We have already looked at several myths and legends and we look forward to learning about many more before the project begins later in the term. We hope that everyone has a wonderful first week back at school.
Regards,
Regards, Bec, Sophie, Adam and Scott.

**MIDDLE CLASSES**
**Home Reading** - School is back so it is really important that students get back into their nightly reading routine. Students need to be reading for at least five nights each week to ensure they are developing as readers, writers and speakers.
**Homework** - Similar to reading, students also need to get back into the routine of completing their spelling homework each night. Students will also be required to complete their homework sheet.
**Hats** - Term Four is a compulsory ‘hat wearing’ term. It is extremely important that all students are wearing a hat during break times at school. It would be advised that students apply some sunscreen at the beginning of each day to ensure they are protected at break times. Ample drinking fluid (preferably water) is also advised.
We look forward to maintaining a close relationship between home and school during the last term of the school year.
Julian Regan, Kim Manley & Hayden Polglase

**JUNIOR CLASSES**
Welcome back to an exciting and busy Term 4 - we hope you had an enjoyable holiday.
**Integrated Studies**: Over the next 6 weeks we will be immersed in activities. All classes will be performing for families in the Multi Purpose Room. Stay tuned for more details.
**Hats**: Are compulsory this term. Many students have misplaced their hats. Please make sure they have at school every day. They keep them in their lockers. Please see that all clothing is clearly named.
**Nude Food**: Every Thursday please remember to have Nude Food as your children feel great when their class has minimum wrappers.
**Water Bottles**: Are essential to bring to school especially in this warmer weather. Students are encouraged to drink during class time.
**Home Reading**: complete every night and sign the yellow book please.
**Library Sessions**: We will notify you as soon as we know the days of class borrowing. All students can change their books every morning before school.
**Gym Sessions**: Commences this Friday for 5 weeks. Please remember to send your child to school in comfortable clothing (shorts, t-shirt, track pants) with no jewellery and shoes which are easy to take on and off. Dresses are not suitable for Gym day.
Jacqui, Jo, Katie, Stacey, Nat and Brad

**PREP NEWS**
Welcome back on Thursday to Miss Hill who was married to Linton Jacobs during the holidays. She looked so beautiful and it was a perfect summer day at the beach for their wedding. Congratulations from all the Preps.

**INTEGRATED STUDIES**: “The Circus is Coming to Town!!” The Junior Department circus is coming to Speci!
Over the next 6 weeks we will be immersed in activities around a CIRCUS theme. All classes will be practising an act for our mini circus which will be held in week 6, when we will be performing for families in the Multi Purpose Room. Stay tune for more details.

**WRITING**: It is exciting to see how the students have improved in their writing quality and quantity. They were so excited to be back writing this week. The recounts about their holidays showed all have been very busy over the break from school and were very enthusiastic about sharing it with the class.

**WORD of the WEEK**: “this”. We will be beginning spelling word practise next week which can be completed at home. More information next week about this.

**MATHS**: This week is all about collecting data and constructing a simple bar graph. We are also practising skip counting by 5’s, 10’s to 100 or more!

**REMINDERS**: HATS: are compulsory this term. Many students have misplaced their school hats. Please see that they have one at school every day. They keep them in their lockers. Please see that all clothing is clearly named.
NUDE FOOD: Every Thursday please remember to have Nude Food as your children feel great when their class has minimum wrappers.
WATER BOTTLES: are essential to bring to school especially in this warmer weather. Students are encouraged to drink during class time.
HOME READING: complete every night and sign the yellow book please.
LIBRARY SESSIONS: we will notify you as soon as we know the days of class borrowing. All students can change their books every morning before school.
GYM SESSIONS; every Friday for the next 5 weeks. At the Jets Gym.
Thanks,
Emily and Joan

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**Where is your hat? HATS ARE COMPULSORY**

**TERM 4**

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**STUDENT ABSENCES**
All student absences are required by law to be notified to the school.

The preferred method is by means of the school information app.

Go to the Specimen Hill App
Absence on the home page
Complete student name and scroll for classroom.
This will send an email directly to the class teacher.
This same numerous phone calls to the office of a morning.
Late Notes can also be made by going to:  
More
SCHOOL FEES $100 PER STUDENT

Some families will have received the second payment of School Start Bonus in their bank accounts. Please utilise these funds to pay your school fee, per student.

This is a compulsory fee for all families.

Payment at the school office or via the QKR payment app, or Direct Credit.

$50 payment for ICT in 2015

A $50 fee per student from Grades Prep to Grade 5 has been introduced this year. Grade 6 students are not required to pay this fee but have the option to purchase their school use netbook from 2014 or if they choose not to do this, they can pay the $50 fee to use school owned devices. This fee is an integral part of our schools ICT and all curriculum programs this year and in the future as it allows each student to experience current and high tech innovations which they otherwise would not experience in their classrooms. The school has incorporated this fee in order to allow and sustain technologies such as iPads, netbooks and desktop computers into each classroom for frequent use to build the ICT skills and learning for all students. If you have any questions or concerns, please do not hesitate to contact me as school Payments plans can be organised.

SCHOOL HATS

$12.00

Currently we only have Size Small hats in stock. Other sizes have been ordered - awaiting delivery. Children who are awaiting new hats may still play outside without a hat until delivery.

You can Pre-order via the QKR payment app.

SENIOR DIGITAL ART EXPO

Dear Parents

The four senior grades intend to display the work they have created around their art using iPads. The students will be showcasing i-movies of their art work. All families and friends are welcome to attend.

WED 21ST - THURS 22ND OCT

12:45 - 3:15PM

The Expo will be displayed for two hours in the Multi Purpose and the Art Rooms.

Thanks - Sandy
Haylee J. will be competing at the finals of the Victorian State School Championship, racing in the BMX class. The event is held this Friday at Bendigo BMX track in Eaglehawk.

Haylee has been competing in BMX racing for some time and has another championship meeting coming up in November.

We wish Haylee the best of luck in this week’s competition.

There are three categories for the cycling in the VSSC, Road, BMX & Mountain Bike.

The Mountain Bike competition will be at Spring Gully Reserve on Saturday, the Road event will be in the Bendigo CBD (Lyttleton Terrace to Myer St)

Further information can be viewed at:
http://vic.cycling.org.au/Get-Involved/Schools/Victorian-Schools-Cycling-
Information for parents and guardians

Walk to School this October and kick-start your child’s active habits for life.

VicHealth’s Walk to School month encourages primary school children to walk, ride or scoot to and from school throughout October, to help them get the 60 minutes of physical activity they need each day.

Walking to and from school can also give you more time to connect and chat with your kids, and the opportunity to meet up with other local families along the way.

If you can’t walk all the way, your child can still get involved – simply drive part way and walk the rest!

Your family can get involved

Taking part through your child’s school

If your child’s school is taking part in Walk to School, your child’s teacher will record how many times students walk to and from school during October, using a classroom calendar. Schools with the highest participation levels in each region will be eligible for some great prizes – so each time your child walks, they’ll also be increasing their school’s chances!

Taking part online

If your child’s school is not taking part in Walk to School, your child can still participate, and make their walking count, by signing up, with your permission, via the Walk to School app or at www.walktoschool.vic.gov.au. Your child can then keep track of their walks during October, and contribute to the state-wide effort taking place during October.

The free app includes a game that allows children to create their own imaginary Walk to School journey, and collect bonus creatures and objects for their world with each walk they record. The app is available for free from the iTunes store and Google play.

Competitions and prizes

Regardless of how many times they walk, children can enter fun walking-themed competitions each week, and have a chance of winning some fantastic prizes. Competitions will be promoted on the Walk to School website and Facebook page throughout October.

Our community partners

Walk to School 2015 is proudly supported by our Official Community Partners, Cricket Victoria and the Melbourne Stars.

Schools and students participating in Walk to School 2015 will have the chance to win fantastic prizes from our partners.

More information

@walktoschool@victlhealth.vic.gov.au
www.walktoschool.vic.gov.au
www.facebook.com/WalkToSchool
twitter.com/WalkToSchoolVic

What information will be collected?

Why does VicHealth collect information about school and student Walk to School participation?

By collecting information about participation, VicHealth will be able to work out new and better ways to encourage children to be active.

VicHealth will use the data we collect to see how much walking is happening in different parts of Victoria, and to measure the impact of Walk to School on walking behaviour. We will use aggregate data for individual schools, schools within a region, and schools in the state, so we can evaluate participation, identify walking trends and behaviour, and measure program
effectiveness. VicHealth may publish Walk to School results at the school or state level in VicHealth publications or other publications.

**Classroom calendars**

If your child’s walks are recorded on a Walk to School classroom calendar, your child’s teacher will record your child’s name, how many times they usually walk to and from school each week, and how many times they walk to and from school during October.

Schools will be asked to provide a summary of their aggregated participation data to VicHealth in November 2015. If schools ask VicHealth or the Walk to School coordinator at their local council for assistance, VicHealth or the local council may collect the school’s classroom calendars to summarise and report the school’s participation. VicHealth may also collect and analyse a sample of classroom calendars to understand student walking patterns.

**Walk to School website and app**

VicHealth administers the Walk to School website and app. If you register your child online or on the Walk to School app, you will need to provide your child’s name and user name, password, and email address (optional). We won’t ask for your child’s date of birth, phone number or address.

To collect information about your child’s walking activity, we’ll ask how often your child usually walks to and from school each week, the distance you live from school, and which days they walked during October. We will provide an online map to help you work out how far you live from school, but will automatically delete the addresses you enter on the map as soon as you close that page.

**Who will have access to participation data?**

Information collected on classroom calendars will only be accessed by your child, your child’s teacher and your school’s Walk to School coordinator. If schools ask VicHealth or their local council for assistance, VicHealth or the local council may collect the school’s classroom calendars to summarise and report the school’s participation. VicHealth may also collect a sample of classroom calendars to understand student walking patterns. VicHealth and local councils will securely store and destroy classroom calendars once summary data has been reported.

Information collected on the Walk to School website and app will only be accessed by your child and VicHealth. Your child’s name or user name is only collected to allow VicHealth to administer the online student portal and create aggregated participation reports. If you choose to provide an email address as part of your child’s profile, the email address will only be used to provide you with information about Walk to School 2015 and to allow your child’s user name to be recovered or their password to be reset if they are forgotten.

We may post some entries from our weekly competitions on our website and Facebook page. We will ask you directly for your permission before posting your child’s entry online.

VicHealth may share de-identified participation data with our evaluation team at Deakin University for the purposes of analysing and reporting on the outcomes of Walk to School.

VicHealth will securely store and destroy classroom calendars once analysis has been completed. Only aggregated data will be used for reporting, and no individual will be identified. All personal information about your child will be securely stored and destroyed by June 2016.

**What if I don’t want my child to participate?**

Participation is voluntary, as is the collection of personal information.

If your child’s school is taking part in Walk to School but you do not want your child’s teacher to record how many times your child walks to and from school during October, ask your child’s teacher not to include your child’s name on their Walk to School classroom calendar.

If your child has been registered on the website, and you want their profile deleted, you can delete it or ask VicHealth to delete it.

If you choose not to record your child’s walks, your child can still enter weekly Walk to School competitions during October. And of course, you can still walk to school as often as you like, and enjoy the benefits!

**Your privacy**

If you wish to gain access to, or request the correction of, your personal information held by VicHealth, or if you have any other enquiries regarding privacy, contact the VicHealth Privacy Officer at privacy@vichealth.vic.gov.au.
<table>
<thead>
<tr>
<th>2015</th>
<th>EVENTS CALENDAR</th>
</tr>
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<tbody>
<tr>
<td>Wed</td>
<td>8:15am Breakfast Program</td>
</tr>
<tr>
<td>Wed</td>
<td>8:15am Breakfast Program</td>
</tr>
<tr>
<td>Thurs</td>
<td>Walking School Bus 8:30am</td>
</tr>
<tr>
<td>Oct 9, 16, 23</td>
<td>GYM PROGRAM Prep - 2</td>
</tr>
<tr>
<td>Thurs 15th</td>
<td>TABLIOID SPORTS</td>
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<tr>
<td>Oct 28th</td>
<td>BENDIGO CUP HOLIDAY</td>
</tr>
<tr>
<td>21 &amp; 22 Oct</td>
<td>Senior Class Digital Art Expo</td>
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<tr>
<td>Dec 15th</td>
<td>Grade 6 Graduation Night</td>
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**COURAGE or CONFIDENCE**

A conversation with Fabian Dattner

Monday October 19, 2015
Ubambara Theatre, Bendigo
Registration opens for a 6.30pm start
Student Ticket $30
Adult Ticket $50
Adult VIP Ticket $70
For more information visit www.labmuse.com.au

Do you want to connect and engage with like-minded listeners? Courage or Confidence will be an engaging event for regional students at all levels with a strong passion for success in career development and personal growth.

**WALKING SCHOOL BUS THURS 8:30AM EVERY WEEK**

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**Bendigo Bank SPIRIT**

Present this voucher at the door to receive free entry for ONE CHILD at the Bendigo Bank Spirit v Perth Lynx game on Sunday 18th of October at 3pm at the Bendigo Stadium.

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Our children’s future in the very best of hands..............