Public Holiday Thursday 25th

To students, parents and friends,
Welcome to week 2 of Term 2.

Cross Country

Today our Grade 3/4 students are participating in the Combined Schools Cross Country event at the Bendigo Racecourse. Hayden Polglase and Michael Lawlor headed off on the bus this morning with 15 extremely excited students. I know that all students will put in their best effort and we will share the results in the newsletter next week.

ANZAC DAY

Tomorrow is Anzac Day and it is a school holiday so no school on Thursday 25th April.

This afternoon we held our school Anzac Day service at school. Thank you to the 3/4 students who very capably presented the service under the guidance of Leah Backas. Joan Mullen has very generously brought along her father and uncle’s memorabilia from their years of service in the Australian Army during the 2nd World War to put on display in the foyer of the school. This is an amazing collection of very poignant mementoes of Mr William Holland (Bill) and Joan’s father Mr Jim Holland’s years of service in the Australian Army Regiment. This is a most treasured collection as it includes letters home to family, Army medals, the uniform, drink canteen, photos and citations and much more. This display gives the children a ‘snap-shot’ into a soldiers ‘kit’ of the day and almost breathes life into the life of a World War 2 soldier. Sincere thanks to Joan for sharing this very special material with us all and also to Leah who has very carefully and respectfully presented the mementoes for us all to appreciate.

School Values: excellence, honesty, persistence, resilience and respect.

Grade 5/6 Camp

The Grade 5/6 camp students will return today at 4.15 due to bus problems. I have kept in touch with Mr Pysing throughout the 3 days and it sounds like the children will be extremely exhausted tonight. (I’m sure the teachers will be also). Many students have conquered their fears of heights, ‘strange food’, the dark and much more. The camp presents many challenges and it sounds like most of these were conquered amidst much celebration. This is wonderful to hear. Sincere thanks to Mr Pysing, Mr Curnow, Ms Rochford, Mr Dodson, Mr Sing (who has volunteered his time), Karen Emmerson and Ash Baker for their wonderful guidance, care and leadership on the camp.

SUPA Club

On Friday the 26th April a Supa Club will be operating from 11.15 to 11.45 in the Art room. Supa Club is a Christian children’s club run by trained workers. The program is non-denominational and is approved by DEECD and the Speci Hill School Council. The Program focuses on positive values and is presented through drama presentations, puppet shows, craft activities, some Bible stories and games. Attendance will be through personal choice by the individual student. If you do not want your child to attend please let them know and you may contact me at school through a phone call or note.

Prep students for 2014

We are seeking enrolments from any students starting school next year. If you have a family member or a friend or neighbour who is currently attending Kinder can you please remind them or their parents to visit the school and to collect their enrolment forms from the school office. We are always keen to show prospective parents around the school to highlight the many programs that we have to offer.

School Photos

The school photos will be taken on Friday 3rd May. Please make sure that all children are tidy and looking their best on the day. Great smiles from everyone!

Parents and Friends and Mother’s Day Stall

The Parents and Friends are running the Mother’s Day Stall once again this year and we are currently seeking any donations from families. The Mother’s Day Stall will be held on Friday 10th May. There is a Parents and Friends meeting on Friday at 1.30 in the Art room.

Tiggy

Unfortunately, for the time being, we have banned the game of tiggy. The reason being that many children are using the rules too literally with their own interpretation resulting in overly rough play with many issues related to the game having to be dealt with. These issues include: unfair play, retagging the same children, pushing and intentions to hurt and games gaining too much momentum. Hopefully we can reintroduce tiggy again over the following weeks with firm, clear and fair rules for everyone. Encouraging resilience, persistence, fairness and honesty are all qualities that we hope to see demonstrated in the game of tiggy and in all games. Please do not hesitate to contact Corey or myself at school if you have any concerns or queries.

Wishing you all a wonderful week ahead,

Di Craig (Acting Principal)
CLASS NEWS

MIDDLE YEARS DEPARTMENT

Welcome back to all students within the middle years. We are sure all students had a very relaxing but exciting time on the holidays. Now it is time to get back to routine and work cooperatively with others.

Term Two is always a big term as we have NAPLAN for the students in grade 3, while we also have the writing of reports. This term we will also have our annual Swimming Program held at the Peter Krenz Leisure Centre in Eaglehawk. Plenty to do and think about.

Today we have 16 students (8 boys and 8 girls) representing our schools at the District Zone Cross Country which is held at the Bendigo Race Course in Epsom. We wish all students the best of luck and hope they enjoy the experience.

Today we held our annual ANZAC ceremony. We would like to thank Abby, Tom, Dylan and Keira for the fantastic presentation. They spoke clearly and confidently and represented our school in apposite manner. Im sure your families will be very proud your efforts today!

A friendly reminder to parents and students about homework. Can students please be supervised to ensure they are reading for at least 15 minutes each school night, while also practising their spelling words each night. The more our students read the better their skills, strategies and knowledge will become. Reading is a vital skill that we all need. Let’s work together to have a wonderful term, full of fun, learning and excitement.

JUNIOR CLASS

LITERACY-
This week we have been reading and writing about Fractured Fairy Tales. It has been fun mixing up characters from different fairy tales and putting them into another fairy tale plot and scene.

MATHS
Our topic this week is Location. This is learning how to give and follow directions to familiar locations and also interpreting simple maps. eg: classroom, school ground. We have also been skip counting by 2’s, 5’s and 10’s using the hundreds number chart.

INTEGRATED STUDIES-
‘Looking Back in Time’- if you have any items of interest from the past please send them along to school. We will keep them safe.

ROTATIONS
This is the second round of our Friday Rotations. Mr. Taylor - PMP, Mrs. Ball- Geography, Mrs. Mullen- Music and Mrs. Manley- Science.

REMINDERS:
SPELLING books - back to school by Fridays please.
HOME SCHOOL JOURNALS- return to school with a parent comment as soon as possible.

NUDE FOOD DAY- every Thursdays.
HOME READING- regularly each night.
SCHOOL ASSEMBLIES- Monday 2.45 pm.
Until next week.
Aaron, Jenny, Jo, Joan and Kim.
1/2 Teachers.

PREPS
We are back into the swing of the term. The children have been very excited to take home their Communication Journals to share with you all, please return these to your class after writing a comment for term one ASAP. We can then start adding to it with our wonderful Term 2 activites. Our words of the week are ‘see’ and ‘look’, and our letter of the week is ‘Ee’. Please spend some of your reading time looking at these words and letters. Due to ANZAC Day holiday on Thursday, Mrs Pelly’s grade will be having their share in the chair day on Friday along with Miss Lavell and Mrs Manley's grades. On this day children need to bring one thing to talk about with the class.

Natalie, Di and Kim
STARS OF THE WEEK

Room 1  Alectra B.
Room 2  Gemma
Room 3  Trey D
Room 4  Lachie N
Room 5  Isabelle M
Room 6  Chlooe W
Room 7  Michael E
Room 8  Georgia W
Room 9  Marcus R
Room 10  Tyeisha R
Art Award  Jenna-Li
OSHC Award  Zach C

PARENTS’ & FRIENDS’ NEWS

General Meeting this Friday 26th April at 1.30 pm in the ARTROOM. Grab a cuppa from the staffroom and join us. All Welcome!!!

MOTHER’S DAY STALL FRIDAY 10th MAY

Please leave any donations on table outside of office.

SCHOOL PHOTOS

School photos will be taken on Friday 3 May. Forms have been sent home with every child. Money or credit card details to be included in the envelope or photos will not be taken.

If you require a family photo to be taken, please collect the envelope from the front office.

Please return forms to the office by Friday 26th April.

OUTSIDE SCHOOL HOURS CARE

ASHC Phone: 0447 788 636
Please ring Leah Johns for bookings/cancellations.

BSHC Phone: 0438 062 561
Please ring Karen Emerson for bookings/cancellations.

BOOKINGS ESSENTIAL FOR BEFORE & AFTER SCHOOL CARE

Some nights and mornings are FULL, bookings are essential.

PLEASE NOTE:

Limited positions are available this Term so late cancellations will incur a fee this term. 24 hours notice is required to cancel your booking.

As from Monday 4th March all parents/guardians will be required to enter the school from the top gate in Tambour Heights and through the end door of the Multi Purpose room when picking up your child/children. The table and sign-out book will be placed just inside the Multi purpose room door. The front sliding glass doors will be locked and will no longer be an access point for OSHC. Parking in Tambour Heights for easier access may be more practical in future.

After School Care

LIBRARY NEWS

All books borrowed before the holidays are now overdue. Please encourage your child to return books regularly. Lost books will incur a fine. LIBRARY BAGS still available for sale for $2.00 Library will be open before school on Tuesday and Thursdays for regular changing of books.
These photos are of the ANZAC wreath that Prep/1M made and displayed on their wall and the grade eating our beautiful ANZAC biscuits like were eaten during the war.

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I like ANZAC day because we remember the people in the war. 
Alan

ANZAC day
We celebrate them because they make us safe and they were brave.
Leah

ANZAC Day
I am in the ANZAC parade.
ANZAC Day makes us remember all the soldiers that saved us.
Sam

ANZAC Day
People go to war to fight for us and we celebrate because we are proud and they were brave.

Tiffiny

I love ANZAC day because I want to remember relatives that fight in the war.
I will remember my pop in the war.
Juliea

I feel sad about the ladies that died in the war and the men too, but I feel very proud.
Georgia

I love ANZAC day because it is fun and because I can remember that they died for us.
Lindy

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P/1M - Writing about ANZAC Day
Our children’s future in the very best of hands.............
SEASONS FOR GROWTH

Dear Parents,

Loss and grief are issues which affect all of us at some stage in our lives. Learning to deal effectively with these issues is central to personal well being and happiness. Unresolved grief can also affect student’s learning. Specimen Hill PS is offering an Australian education program called Seasons for Growth which supports participants who have experienced change in their family because of death, separation or divorce. The program explores issues such as change, loss, managing feelings, coping strategies and support networks. Seasons is an eight week session program which conclude with an additional ‘Celebration’ session.

If you believe that your child/ren will benefit from this program, Please complete the attached slip and return it to the school.

The program will begin in Term2 as required.

Many thanks,
Leah Backas and Jo Bergin
Co-Facilitators

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Return Slip  Seasons for Growth

I believe my child ____________________________ Room _____ Year Level _____ would benefit from being involved in the Grief and Loss Program ‘Seasons’.

Reasons to support involvement (optional) ____________________________________________________________

Our children’s future in the very best of hands.............
At Specimen Hill Primary School we encourage healthy eating. Healthy eating has a long-lasting and positive impact on a child’s growth, development and health. Foods eaten by your child at school contribute greatly to their daily nutrient intake. These foods considerably influence their eating habits, growth patterns, energy, concentration levels and ability to learn. You have an important role to play in helping to ensure your child eats well and stays active.

Healthy school lunch ideas include:
- sandwiches or pita bread with cheese, lean meat or salad
- cheese slices, crackers with spread and fresh fruit
- washed and cut-up raw vegetables or fresh fruits
- water

Highly processed, sugary, fatty and salty foods should only make up a very small part of your child’s diet. Foods to limit in school lunches include:
- processed meats such as salami and pressed chicken
- chips, sweet biscuits, muesli and breakfast bars
- fruit bars and fruit straps
- cordials and juices containing sugar

We encourage students to bring a fruit snack, which is consumed during class time, at the discretion of the teacher.

Nutrient claims
These are statements on the front of the packet telling you about the product. For example, 97 per cent fat free, high fibre, low fat, low sodium. Most of these claims are genuine and help you to determine if the product is suitable.

The following are some common nutrient claims used in advertising that may be misleading and should be checked against the nutrition information panel or ingredient list.

Light/lite
This does not always refer to the fat content; it may mean lighter in flavour or colour.

Reduced fat or % less fat
This means that the food has less fat than the regular product but does not necessarily mean that it is low in fat.

Cholesterol-free
This means that the product does not contain any cholesterol, but it does not mean it is fat-free or even low in fat. All foods that originate from plants and their oils are free of cholesterol but are not necessarily free of or low in saturated fat.

No added sugar or salt
This means the product has had no sugar or salt added. The food may naturally contain high amounts of sugar or salt, for example ‘no added sugar’ orange juice is still high in fruit sugar.

All natural
This does not necessarily mean healthy. These products can sometimes still be high in sugar or saturated fat.

Primary School Nurse Manager Contact Information
COUNTRY AREA OFFICE
Loddon Mallee Region7–15 McLaren Street, Bendigo 3550 Phone: (03) 5440 3111

Supporting your child’s reading and writing at home

Create a routine for learning and provide materials to motivate writing such as:
- Notebooks to write their ideas and feelings.
- Computers and/or netbooks.
- Markers, pencils, highlighters and pens.
- Dictionaries and thesauruses as references. These can be books or found online. Online resources such as online maps, encyclopaedias, weather sites.

Asking your child questions

By asking questions you can support your child to:
- Share their enjoyment of reading and writing.
- Develop a better understanding about the characters or topics.
- Develop a sense of empathy for others.
- Broaden their experience and knowledge of the world.
- Foster their imagination.
- Consider the important points in what they are reading.

These are the types of questions your child might be asked at school. You can include some of these questions when you talk about reading at home too.

The following questions require your child to get clues from the text to answer:

- How do you think the character was feeling?
- How would you change the ending?
- How would you describe the changes in the character/setting?

These questions require your child to refer back to the text:

- What were the characters’ names?
- What was the setting?
- What did each character do?
- What happened at the beginning, middle and end of the text?

The following questions require your child to think about the main messages:

- What do you think is the main message in the story or text?
- Can you relate it to another event or issue?
- Do you agree with the views of the author?
- What is your opinion about the message in the story?
- How could other people see it differently?
**NETBALL**

*Draw, Court and Times*

13/Under Section 5 at 11.00 am:
Specimen Hill Gold v St Peters Green Court 2 11.00 am

11-Under Section 5 at 9.00 am:
Girton Pink v Specimen Hill Court 4 9.00 am

**GRADE 3 CLINIC AT 12 NOON** - 27/04/2013
Eaglehawk North v Specimen Hill Court 4 12.00 noon

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**Golden Square Pool Inc**

The BIG NEWS is that we are holding a Garage Sale on Saturday, May 18th, 8am -2pm in the pool car park. It will be a GREAT day! If you would like a stall, you can buy one for $15. Email us to guarantee a spot in our first big event! There will also be a sausage sizzle, and our first working bee.

Our 2nd newsletter is now available on facebook.com/goldensquarepoolinc Contact us to join our mailing list goldensquarepool@hotmail.com Phone: 54635123

Also if every family in Golden Square donated $10 - $20 to our appeal, we would be well on our way to our target.

Bendigo Bank BSB 633-000
Account 148116668
Linda Howell Phone: - 5463 5123
Secretary
Golden Square Pool Inc
No. A0058666G
goldensquarepool@hotmail.com Like us on facebook.com/goldensquarepoolinc facebook.com/goldensquarepool
Twitter @GoldenSaPool Instagram @GoldenSquarePool

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**CALENDAR OF EVENTS**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 25th April</td>
<td>Public Holiday NO SCHOOL</td>
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<tr>
<td>Friday 26th April</td>
<td>Parents &amp; Friends Meeting 1.30</td>
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<tr>
<td>Friday 10th May</td>
<td>Mother’s Day Stall</td>
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**Important Dates to remember for School:**

**Thursday 25th April**—Public Holiday

**Friday 3rd May**—School Photos

**Monday June 10th**—Public Holiday

17th/18th/19th/24th/25th/26th June—Whole school swim program

**Friday June 28th**—End of Term 2

**Term Dates—2013:**

Term 2: 15th April to 28th June

Term 3: 15th July to 20th September

Term 4: 7th October to 20th December

**NEWSLETTERS & INFORMATION**
are available from our website:

**www.shps1316.vic.edu.au**